

	MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES CHILD AND ADULT CARE FOOD PROGRAM	ISSUED	REVISED	CHAPTER	SECTION
	AT-RISK AFTER SCHOOL PROGRAMS POLICY & PROCEDURE MANUAL	7/1/03	8/06	7	7.3
CHAPTER Chapter 7. Meal Service		SUBJECT Types of Meal Service			

Unitized

Under the unitized method of meal service, each child receives at least the minimum serving size of each meal component at the same time.

Family Style

Under the family style method of meal service, each child receives a serving of each meal component. Replenishments of each meal component are readily available at each table. Family style meal service is allowable for CACFP if:

- Enough food is placed on each table to provide family style portions of each components for all children at the table and to accommodate program adults supervising meal service at the table as they eat with the children.
- Some amount of each required component must be served to each child and at least the minimum regulatory portion must be offered to the child.
- When the full regulatory portion is not initially served to the child, participating supervising adults must assume the responsibility of actively encouraging the child to take the full portion during the course of the meal.

Any food placed on the table may not be reused or served as a leftover at a later time. Food which has been prepared, but not placed on the table, may be reused if properly stored and reheated to at least 165 degrees Fahrenheit. Under the Missouri Department of Health and Senior Services Sanitation standards, milk should not sit on the table for any period of time. Milk should be poured just before the meal service begins. The Missouri Department of Health and Senior Services recommends the purchase of half-pint cartons or service of milk from a milk dispenser. Sanitation rules may vary depending on the location of the center. Please contact your local sanitarian for guidelines for your area.

With both meal types specified above, all food items must be placed on a child's plate in order to insure that a reimbursable meal or snack is served. If the child is not served all required components, the meal may not be claimed for reimbursement. See Section 7.4 for exceptions.

All meals must be consumed at the facility (center) to be reimbursed. Meals removed from the facility by the participant for any reason are not reimbursable. (For example: taking the meal home or leaving early)